



the hub - your community action centre

Date: 4th May 2022

Welcome to our weekly e-bulletin.

We are open to the public on an appointments basis so please contact us before coming to the hub.

News

Community Action through Participation and Engagement Network (CAPE) is planning **FREE** training over the summer!

This training is for people with a remit or interest in engaging with communities to find out local views and ideas.

What is Participatory Appraisal?

- A method of conducting action research
- A toolkit of community development approaches and methods that can be used to
- engage and support local people to find out about what people feel about their
- communities
- To identify potential solutions to address community needs and aspirations

Free training for participants who can:

- Attend 3 full days of training and carry out an observed PA activity in the community.
- Become an active member of CAPE which involves attending CAPE meetings and participating in at least one piece of PA activity for CAPE each year
- Become registered with the Community Learning and Development Standards Council of Scotland.

Register your interest now and we can then identify dates/times/venues during June/July that will suit most people. Email info@capenetwork.org.uk

Fuel Subsidy Scheme has been EXTENDED!

We have just been advised that the scheme is being extended – great news! We are a referring partner for Home Heating Advice Scotland and so able to continue to provide this subsidy which covers any form of heating i.e. electricity, gas, oil, LPG/calor gas, coal etc.

HOW TO APPLY

You need to submit the following information by email or post to us at the hub.

Your name, address, date of birth, phone number, email address, proof of benefits (eligible benefits are Universal Credit, Personal Independence Payment, Disability Living Allowance, Employment Support Allowance), a recent energy bill or invoice which shows your name, address and customer reference number. If your home is difficult to heat and has an energy performance certificate rating E or F please let us know as well. If you are in fuel debt, please submit any evidence of what you owe.

Please note we can't accept your application without all the above information being submitted at the same time. Applications and the information documentation need to be in the same name of the householder/utility account holder. Previous beneficiaries who submitted successful applications before 31st March 2022 can't re-apply.

We then submit the application to Home Heating Advice Scotland on your behalf who will assess the level of subsidy they will pay direct to your fuel supplier who will credit the payment to your fuel/utility company account and/or send you an email with pre-payment meter vouchers.

Please submit your application by email with all the information required to info@thehubdg.org.uk or apply in writing enclosing the information required to the hub – your community action centre, 24-26 Friars Vennel, Dumfries, DG1 2RL

Youth Beatz festival - Volunteers needed they are looking for adult volunteers to work with them to deliver the Youth Beatz festival. Sign up by 21st May to get involved! There are lots of roles available that will cater to everyone, from photography and events management to catering and welfare. Roles can be tailored to individuals' skills and interests and full training will be provided. For more information contact Victoria Townsend (She/They) Youth Issues Support Worker Tel: 01387 260243

Scottish Community Tourism SCOTO is a new network of community tourism enterprises located throughout Scotland and aims to promote and support tourism providers which are owned and operated by the communities they serve. This means that money spent through tourism is reinvested back into local services, generating immediate and long-lasting benefits for that host community. [More on the SCOTO website.](#)

New Child Payment information leaflet The Poverty Alliance has launched a new information leaflet, to help parents and carers apply for the Scottish Child Payment. [More on the Poverty Alliance website.](#)

Events

HEATHHALL COMMUNITY CENTRE has been run by volunteers since 1995 and currently, this consists of 5 volunteer Committee members. This is a small number of helpers considering the Heathhall area has around 5000 homes. The Committee would appreciate more support from the community to support the running of the Centre and would welcome anyone in the Heathhall area to get in touch to offer a little of their time. The Committee organise some events with support by the Community Council. With more help, they could arrange them more often. To celebrate the Queen's Platinum Jubilee, Heathhall Community Centre is having a Community Family Event '**Big Lunch**' on 5th June 12-5pm. The event is for all ages and activities will include: • Local musicians & bands • Dancing displays • Taster sessions in Martial Arts and fun physical activities • Face and nail painting • Tombola. Although the event encourages the community to bring their own picnic, there will be food, ice cream and refreshments available to purchase. For further details on volunteering or information on either of the events, please contact, 07719046580 or email hccllets@gmail.com

Dumfries & Galloway ME and Fibromyalgia Network are holding an online learning event for anyone that would like to hear more about its work. The event is on Thursday 12th May from 2-4pm and will bring together health professionals and those with lived experience of ME, chronic fatigue syndrome, fibromyalgia and long Covid. Speakers include Dr Charles Shepherd, medical adviser to the ME Association and Viv Gratton, Deputy Head of Strategic Planning and Commissioning, NHS Dumfries and Galloway. After an extensive consultation, the Network is launching its findings and will be sharing new project ideas that will make a real difference to those it supports with long-term conditions. The event is being held on ME/CFS and Fibromyalgia International Awareness Day. Attendance is free but ticketed. Please find out more and sign up here: https://dgme_fm-learning-event.eventbrite.co.uk

ACAS Helping employers get the National Minimum Wage right

Date Tuesday 10 May These events are free to attend [Register your place here](#)
About this event: Acas and HMRC will look at a number of the more common mistakes made by employers when it comes to paying the minimum wage - and crucially - how mistakes can be avoided. They will cover: • Current rates for National Minimum Wage and National Living Wage • Importance of pay reference period's • Deductions for uniforms, meals, transportation or tools

• Unpaid working time • Staff travelling between work assignments • Paying staff attending training required by the employer • Rules on paying apprentices including training and study time • Accommodation offset rates • Potential penalties involved with failing to pay the correct rates. You will get the opportunity to ask questions of their experts and they will outline further support, information and resources available for employers. [Book your place](#)

Adult Disability Payment case transfer stakeholder events beginning in summer 2022, people in Scotland who receive Personal Independence Payment (PIP) from the Department for Work and Pensions (DWP) will have their award transferred to Social Security Scotland. In advance of this, they will provide a series of online events which providing stakeholders with information on the case transfer process including: • an introduction to case transfer • the timeline for transfers • the process and the client journey • how we will communicate with clients throughout this journey. Attendees will also have the opportunity to ask questions during the event. These events are designed for stakeholders who support individuals living with a disability, long-term health condition or terminal illness who are currently in receipt of PIP. Spaces are filling up quickly – please [book a place on our website](#). These events are specifically for the transfer process from PIP to Adult Disability Payment. A series of events about clients transferring from Working Age Disability Living Allowance to Adult Disability Payment will take place later this year.

Dumfries & District Flower Club are hosting a Flights of Fancy Flower Festival as part of their 60th Anniversary celebrations in 2022. Members of the club have been inspired by the Flights of Fancy theme and will showcase a variety of imaginative floral displays at the festival on the 22nd to 24th September from 10am to 4pm. Each of the exhibits will use flowers, creativity and craftwork to portray a variety of ideas, local legends, sayings and stories. The three day festival will take place in the Crichton Memorial Church set within the stunning grounds of The Crichton in Dumfries. As well as admiring A flight of fancy is an idea, narrative, suggestion, etc. which is extremely imaginative and which appears to be entirely unrealistic, untrue or impractical; thinking which is very speculative. The floral exhibits in the church, visitors can explore the grounds, rock gardens and arboretum at The Crichton and enjoy hospitality in one of the many restaurants and cafes on site. Tickets: £5 per person, booking highly recommended. Groups are welcome when booked in advance. For more information about the festival, facilities, hospitality, accessibility and tickets visit: www.crichton.co.uk/event/flights-of-fancy_dumfriesflowerclub@gmail.com

An appealing prospect? Online event exploring ideas for an appeals process for participation requests SCDC is inviting community organisations, public bodies and other interested organisations and individuals an online event on 11th May 2022, 9:30-2:30pm exploring how participation requests – a way that communities can request to work with public bodies to improve outcomes or services – could be supported by reviews or appeals. The purpose of this online event is to share the findings of both community organisations with experience of making participation requests and public agencies who deal with participation requests. Draft findings have focused on principles behind an appeals mechanism and proposals for both local reviews and appeals to Ministers. There have also been draft proposals around improved practice guidance for participation requests and discussion regarding other forms of scrutiny. This event will offer the chance to discuss these findings and also to further shape them before they are brought together and fed back to the Scottish Government. [Find out more and sign up here.](#)

BATTLE SCARS ONLINE SEMINAR 11th MAY 2022 Introduction to Battle Scars Are you trying to understand Self-harm? Are you a professional or volunteer who works with people who self-harm? Wednesday 11th May at 1pm. Free tickets are available via Eventbrite using the link: <https://www.eventbrite.co.uk/e/mental-health-awareness-week-2022-intro-to-battle-scars-with-qa-registration-277484663097> They expect this event to

become fully booked very quickly as there are already a number of people who have booked tickets. They will run a waiting list so if this event is fully booked then it's worth adding your details to the waiting list for last minute cancellations on the day. For more information contact Christine Guthrie on 07721 062223

Training

Care Training Consultancy - Medication Training Learning Outcomes • To increase knowledge and awareness of safe Medication Administration. • Be able to discuss and describe the requirements of governing bodies regarding accountability. • To understand and apply legislation relating to administration of medication. • Be able to understand and describe safe practices for the safe administration of medication. Cost: £40 per person Upcoming dates: Wednesday 11th May and Tuesday 14th June. Venue: Grierson House, The Crichton, Dumfries, DG1 4ZE. For more information contact Phone 01387 249111 or email info@caretrain.co.uk To Book before it's too late! go to <https://caretrain.co.uk/training-courses>

Surveys and Consultations

Young People: Life In Scotland Survey results were launched this week and the findings can be viewed here. Over 1200 young people ages 13-25 have responded to this in depth questionnaire and it really gives a good insight to life in Scotland for young people. [Read more here.](#)

Publications and reports

An imperfect plan: women's and child poverty must be explicitly linked The Scottish Government has published its updated Child Poverty Delivery Plan setting out the actions it will take to tackle child poverty across 2022 to 2026. The impact of Covid-19 and the ongoing cost of living crisis have contributed to a rising tide of poverty in Scotland, rendering the refreshed plan more important than ever. There have been concerns and criticisms that the progress on tackling child poverty is insufficient to meet the Scottish Government's legally binding targets. [Read more here.](#)

Health and Social Care Strategy for Older People The Coronavirus (COVID-19) pandemic has shone a spotlight on older people, who were amongst the worst affected by the virus in society. In fact, 73.3% or almost three quarters of those currently on the COVID-19 highest risk list are 55 years of age or over. As we rebuild and remobilise the NHS in Scotland, we have a significant opportunity to ensure that older people are placed at the centre of that recovery and focus on a preventative, joined up approach to healthy ageing in older people. It is clear that many older people's health and social care services need to adapt now to ensure that health and social care services can adapt to the increasing ageing population and the complex health care needs that older people can have. [Find out more here.](#)

Let's unleash the power of people and build community wealth over the last two years, the pandemic has revealed the vital role of the community, voluntary sector and citizen action; with millions of individual and collective acts of neighbourliness and kindness. Community Wealth Building represents an opportunity for this community energy to be harnessed and unleashed economically, by growing innovation and increasing the stake that workers, consumers and citizens, have within the Scottish economy. At its core, community wealth building is a fundamental challenge to the practice of economic development, its role in wealth creation and where and who it flows to. In looking at existing patterns of wealth we already know that our wealth is unequally spread, with the richest 10% of Scots more than 200 times wealthier than the poorest 10%. Foodbanks, almost unheard of in Scotland a decade ago, are now widespread and a lifeline for many. [Read more here.](#)

Funding

ASH Small Grants for Community Groups From Men's Sheds to grassroots football to community radio, a range of groups have already benefitted from ASH Scotland's small grants! Small grants for community organisations. Apply now and help improve people's health and wellbeing in your community by addressing smoking. Successful applicants receive: a small grant of £500, a package of tailored support, free resources and training. Next round of applications closes on 23rd May. [More here](#)

ACTION EARTH IS NOW OPEN FOR 2022 APPLICATIONS! In 2022 Volunteering Matters Action Earth will be offering grants to help local communities to respond to our nature and climate crises. Funded by NatureScot, these nature grants support volunteers of all ages, backgrounds and abilities in practical outdoor activities. Any group of volunteers are able to apply for Volunteering Matters Action Earth nature grants of between £50 and £250 to run environmental activities in Scotland's green spaces. Activities should emphasize local nature enrichment and biodiversity improvements. This could include creating or improving community gardens, shared spaces, wildflower meadows, ponds, woodlands and other wildlife habitats. They cannot support applications for activities which are primarily about food growing. Projects must be completed by January 31st 2023. They prioritise applications from volunteer groups that do any of the following: • Work in areas where there is substantial social or economic deprivation • Improve and develop the health and wellbeing of their local community • Involve disabled people, vulnerable people or those at risk of exclusion • Encourage and involve people under 26 in practical outdoor conservation. They welcome applications that make major environmental impacts and/or involve mass participation. Action Earth grant funding is provided by NatureScot. For more information go to <https://volunteeringmatters.org.uk/project/action-earth/>

Nationwide Community Grants Their Community Grants programme is all about supporting local charities, Cooperatives and Community Land Trusts to find local solutions to tackle the housing crisis. These organisations can apply for grants of up to £50,000 to fund projects which help people in housing need. We divide the UK up into 11 regions, each with its own Community Board made up of Nationwide members and colleagues from that region. All applications for grants are assessed by our in-house team and a shortlist is then shared with our Community Board members. Through discussion and shared perspectives, expertise and experience, our Community Boards decide which projects should be funded. They cap the number of applications in each region to 40. This means 1 in 4 applications will be successful. So when their application window opens, be sure to get yours in as soon as you can. Why not take a look at their Useful Information documents and find out which questions they will ask in the application? For more information go to <https://www.nationwidecommunitygrants.co.uk/apply-for-a-community-grant#moreInfo>

Armed Forces Covenant Fund: Reaching and Supporting Armed Forces Communities programme The Reaching and Supporting Armed Forces Communities programme will award grants of up to £100,000 over a period of up to three years. They are looking for projects that are specific and targeted; and this could include addressing hidden needs, as well as needs that are more well known. They are also looking for applications that can be clear about the evidence of why their project is needed, and how the impact of the project will continue after the grant has ended. They will be more likely to fund projects that focus on specific groups of people within Armed Forces communities, rather than more general approaches. We are also keen to see that the people who will benefit from the project have been able to shape how it will be delivered.

Deadlines and dates to note there will be two rounds of this funding programme, with two deadlines during 2022/23. For a decision in October 2022, you will need to submit your application by 8th August 2022. For a decision in February 2023 you will need to submit your application by 14th November

2022. For more information go to

<https://covenantfund.org.uk/programme/reaching-and-supporting/#eligibility>

Museums and Galleries Scotland the Small Grants Fund provides support for small scale project activity but it is also there to support any Accredited museums struggling to meet critical, non-project costs due to the depletion of reserves or budgets as a result of the COVID-19 pandemic. It cannot support core-operating costs but it can support essential repairs, maintenance and resources. It can also support activity that is about recovering visitor numbers, management of collections, building resilience or reducing costs (including through improving environmental sustainability). **Who can apply for this funding?** Any organisation that runs an Accredited Museum in Scotland.

Partnership applications are welcome and we can accept applications from formally constituted groups of museums with their own bank accounts or from an Accredited museum applying on behalf of the partnership. For more information go to <https://www.museumsgalleriesScotland.org.uk/funding/small-grants-fund/>

Jobs

LGBT Youth Scotland vacancy JOB DESCRIPTION Youth & Community Development Officer (Dumfries & Galloway) Closing Date: 25th April 2022 (4pm) Interview Date: 10th May 2022 (digital interviews) Contract Details: Permanent, full-time, 37hrs per week £25,401 - £28,122 per annum Hybrid working (a combination of working from home and a local workspace based in Dumfries, with regular travel around D&G and occasional national travel) Visit

www.lgbtyouth.org.uk/jobs/vacancies and fill in the online application form for your chosen job. If you want to help us make LGBT Youth Scotland a more diverse organisation then please also fill in the equal opportunities monitoring form which is kept separately from your application form and is not used as part of the short-listing process. Please e-mail helpdesk@lgbtyouth.org.uk if you need the application form in an alternative format including large print. Shortlisted candidates will be invited for an interview held digitally. For more information or guidance on this position contact: julie-ann.lyons@lgbtyouth.org.uk

Vacancies- Oasis Youth Centre the following vacancies at the Oasis Youth Centre, Dumfries advertised externally on www.myjobscotland.gov.uk

1. Youth Activity Worker- 10 hours per week (Band 2)- Temp until 31st March 2023
2. Youth Worker- 18 hours per week (Band 6)- Temp until 31st March 2023
3. Youth Worker- 3 hours per week (band 6)- Permanent

Closing date for all the posts is 8th May. Please pass on to anyone you think may be interested. For more information contact Mark Molloy (He/Him) Service Manager- Young People, Tel: 01387 260243

The Lockerbie Old School - Business Support Assistant Part Time, Permanent dependent on future funding, Location: Lockerbie, Salary: £12,600 pro rata (£21,840 full time equiv). £12 an hour, Hours: 20 Hours a Week The Lockerbie Old School Community Hub (LOS) are a registered charity working to help regenerate the DG11 area by repurposing the town's old Victorian primary school into a vibrant wellbeing and enterprise centre.

Following a successful grant application to Annandale and Nithsdale Community Benefit Company (ANCBC) and The Lottery's Awards for All Scheme, they are looking to recruit a Business Support Assistant. You will be the 'face' of the project within the community, provide administrative support for LOS projects and the Board as a whole, including accounts and payroll, and drive our website and social media platforms. They are looking for someone with proven experience in creating and managing social media content, running community events and engaging with the public. To learn more and download the full Job Description and Job Spec please visit: www.lockerbieoldschool.org/news/ Please provide a CV and covering letter of no more than 500 words, identifying what interests you about this opportunity, why you feel you are suited to the role (based on the Job Spec and Job Description) and why you would be a great addition to their small

team. For informal enquiries please email Jen, our Project Development Manager at projectmanager@lockerbieoldschool.org **Closing Date: 2022-05-06**

How to apply: <https://www.lockerbieoldschool.org/news/2022/04/recruitment-opp-business-support-assistant/>

Food Train - Development Officer Full Time, Permanent, Location: Dumfries
Salary: £25,310, Hours: 35. Food Train is an award-winning voluntary organisation, providing practical and social support to older people across Scotland, helping them to eat well, live well and age well. Their Dumfries branch now has a vacancy for an experienced Development Officer to support the growth and delivery of their range of services (shopping, home support, meal sharing, befriending). If you'd like to help create social change, improve the lives of older people, work alongside local volunteers, and help develop and grow their Dumfries branch of Food Train, then they would love to hear from you. Their Development Officers are our community champions; building partnerships and working with their members and volunteers to provide high quality support services. If you are looking for a role where no two days are the same, then consider joining their Food Train family in Dumfries and support older people across Nithsdale. Having a driver's licence and access to a car for work purposes is essential to the Development Officer's role. Download an application pack from www.thefoodtrain.co.uk. Email Everything@thefoodtrain.co.uk

Closing Date: 2022-05-06

How to apply: <https://www.thefoodtrain.co.uk/index.php/vacancies/development-officer-nithsdale>

DG Voice is recruiting an Outreach and Engagement Officer! DG Voice is delighted to announce that they are recruiting for an Outreach & Engagement Officer (OEO) on a two-year contract to deliver the DG Voice Community Activities. The hours will be part-time (20 hours per week) and offered on a fully flexible working basis. They are a disabled people's organisation that is led by and provides the voice for disabled people across Dumfries and Galloway. DG Voice is not just a disability confident employer, but they actively want to support more disabled people to find employment and they value lived experience of disability or as a carer. If you would like them to make any reasonable adjustments to make applying for this role and working for them easier, please let them know! As their new Outreach and Engagement Officer you will work together with their existing membership, volunteers, other community groups, charities, and other stakeholders across the Third, Public and Private Sector with the help of their CEO and the board of directors. The salary is £14285 pro rata for 20 hours/week (£25000 FTE) and we offer an employer pension contribution of 8% for this role. Obtaining PVG will be a requirement of the successful candidate. **How to Apply** They have a flexible application process. Please contact them by email on info@dgvoice.co.uk or by phone on 07897 876181 to discuss any other method that communicates how you meet the person specification. For more information go to <https://dgvoice.co.uk/dg-voice-is-recruiting-an-outreach-and-engagement-officer/>

Volunteering Opportunities

the hub – your community action centre is a local charity based in Dumfries that develops and delivers a range of social inclusion projects. We are an Investing in Volunteers accredited organisation and our volunteers are much valued team members.

Current Volunteering Opportunities!

Reception/Office Support Assistant

- Experience of dealing with the public in person and on the phone?
- Friendly, patient and approachable?
- Experienced at using computers and Windows 10?
- Organised with good attention to detail?
- Can you spare a few hours on a regular basis?

If so we have volunteering sessions available on Mon and Weds each week.
For more information contact **Sharon at volunteering@thehubdg.org.uk or phone 07434 366130/01387 269161**

Volunteers receive out of pocket travel expenses, a full induction and have an allocated member of staff to provide ongoing support and coaching.

Hub Projects

Some of our projects and services remain temporarily suspended until later in the year as follows:

- Free public access use of our computers/internet
- hire of our meeting/training rooms

Community Defibrillators Project

Getting Connected Project - we provide one-to-one supported appointments to assist people:

- Complete a range of application forms
- carry out online job searches and apply for jobs online
- update Universal Credit e-journals
- create or update CV's

We also offer additional **FREE Basic Computer Skills learning sessions**. These short sessions cover all the things you need to know to use computers in your day to day life. The sessions are friendly and informal allowing you to learn at your own pace. We also offer **Free Money Matters sessions** to assist you manage your household income using your new IT skills. We offer an iPad and free internet dongle loan scheme for those without internet enabled devices.

Contact: 01387 269161 or email info@thehubdg.org.uk

Rent Deposit Guarantee Scheme

- Do you need a deposit to rent a private rented sector tenancy in Dumfries and Galloway?
- Are you on a low wage or receive means tested benefits and live in Dumfries and Galloway?

Then the Rent Deposit Guarantee Scheme may be able to assist you!

Contact: 01387 269161 or email rdgs@thehubdg.org.uk

SPRING Social Prescribing Project can help to address social, emotional and practical needs by supporting and connecting people to sources of support and opportunities available in their local community. People who experience social isolation, low mood, mild depression, long term conditions, pain management or physical inactivity may benefit from this social prescribing so if you or someone you know would like to be referred to us please contact **01387 269161** or email spring@thehubdg.org.uk

Want to put an item in our e-bulletin?

If you have items you would like included in our e-bulletin please email these to info@thehubdg.org.uk.

PRIVACY NOTICE

You can view our Privacy Notice at www.thehubdg.org.uk

The Hub Dumfries and Galloway (t/a the hub – your community action centre) is registered with the Information Commissioner's Office (ICO). You can ask us to remove and delete your data from our records at any time by contacting us at info@thehubdg.org.uk

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www.thehubdg.org.uk

the hub – your community action centre provides affordable, accessible co-working space and development support for non-profit distributing groups and organisations. Meeting/training rooms and hot desking facilities are also available. We develop and deliver a range of projects and services that assist people and local communities. Working together - making a difference!

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