



## the hub – your community action centre

**the hub – your community action centre** is a local charity based in Dumfries that develops and delivers a range of social inclusion projects. We are an Investing in Volunteers accredited organisation and our volunteers are much valued team members.

### Current Volunteering Opportunities!

#### Rent Deposit Guarantee Scheme Assistant

- Interested in helping people on low incomes find a home to rent in Dumfries and Galloway?
- Enjoy carrying out online research and finding out information?
- Have good communication skills?
- Experienced at using Microsoft packages and Windows 10?
- Can you spare a few hours on a regular basis?

If so then we have an interesting volunteering opportunity with our Rent Deposit Guarantee Scheme that assists people in housing need find a home in the private rented sector. For more information contact **Karen on 01387 269191/07434 366128** email [rdgs@thehubdg.org.uk](mailto:rdgs@thehubdg.org.uk)

#### Getting Connected Project Assistant

- Experienced at completing a range of online application forms?
- Experienced at updating 'e' forms and 'e' journals?
- Experienced at creating and updating CV's?
- Friendly, patient and approachable?
- Experienced at using computers and Windows 10?
- Can you spare a few hours on a regular basis?

If so then we have an interesting volunteering opportunity with our Getting Connected Project that assists people without internet enabled devices complete online forms/applications. For more information contact **Dawn on 01387 269161/07434 366120** email [info@thehubdg.org.uk](mailto:info@thehubdg.org.uk)

#### SPRING Social Prescribing Project Assistant

- Interested in supporting people to take up activities in their local community?
- Interested in supporting people to make positive health choices?
- Can you provide regular contact and a non-judgmental listening ear?
- Are you a friendly, approachable person?
- Are you able to motivate people to improve their health and wellbeing?
- Do you have great people skills and a non-judgemental approach?
- Can you spare a few hours on a regular basis?

If so then we have an interesting volunteering opportunity with our SPRING Social Prescribing Project that supports people self-manage long term health conditions. For more information contact **Dawn on 01387 269161/07434 366125** email [SPRING@thehubdg.org.uk](mailto:SPRING@thehubdg.org.uk)

#### Telephone Befriender

- Interested in helping older people who may be feeling isolated or lonely?
- Enjoy chatting to people over the phone?
- Have good communication skills?
- Have knowledge and understanding of older peoples issues?
- Like finding out what local sources of support and assistance are available?
- Can you spare a few hours on a regular basis?



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24-26 Friars Vennel, Dumfries DG1 2RL

tel: 01387 269161 email: [info@thehubdg.org.uk](mailto:info@thehubdg.org.uk)

web: [www.thehubdg.org.uk](http://www.thehubdg.org.uk)

*The Hub Dumfries and Galloway (t/a the hub – your community action centre)*

**Scottish Charitable Incorporated Organisation**

Scottish Charity Number SC043384



If so then we have an interesting volunteering opportunity with our Winter Warmth for Older People Project. There may be potential for some home based volunteering. For more information contact: **Karen on 01387 269191/07434 366128** email [info@thehubdg.org.uk](mailto:info@thehubdg.org.uk)

Volunteers receive out of pocket travel expenses, a full induction and have an allocated member of staff to provide ongoing support and coaching.

We have implemented Covid-19 safety measures including PPE, floor and desk standing screens, hand sanitiser units. We operate an appointments system with intercom door entry to manage footfall to ensure social distancing for the safety of our staff, volunteers and the Public.