



Date 26th April 2021

Welcome to our weekly e-bulletin.

If you receive multiple copies of our e-bulletin please advise us which email address you wish this bulletin to be sent to.

News

The Scottish Government Covid-19 requirements means we are not able to open to the Public. However Hub staff are working from home and continuing to deliver the following projects/services:

Rent Deposit Guarantee Scheme assisting people in housing need access private rented sector tenancies by providing a Deposit Bond and in certain circumstances a short term loan if Rent in Advance is also required.

Getting Connected Project supporting people complete online forms as well as online sessions helping people to use internet enabled devices to access support that can assist them during lockdown or shielding. A loan scheme is available for ipads and free wi-fi connection for those without access to equipment or the internet who use the Getting Connected Project.

SPRING Social Prescribing Project assisting improving the health and wellbeing of people by supporting and connecting them with community support networks.

Winter Warmth for Older People Project assisting older people in fuel poverty who use open fires/fuel burners through provision of free briquettes and kindling. Referrals are also made to project partners to carry out income checks, fuel tariff switching, installation of energy efficient heating/insulation and small household repairs.

Please contact The Hub on 01387 269161 and leave your contact details and we will get back to you. Alternatively you can email info@thehubdg.org.uk.

Other Organisations based at The Hub remain working remotely. They can be contacted as follows:

Social Security Scotland for Scotland Tel: 01387 269161 or 07341 790141 or email Yvonne.Stewart@socialsecurity.gov.uk.

Community Enterprise in Scotland (CEIS) Tel: 07908 251347 or email enquiries@ceisayrshire.co.uk

Dumfries and Galloway Over 50's Group Tel: 0800 520 2150 or email info@thehubdg.org.uk

SPRING Join us via the Social Prescribing Project for a series of workshops that can support your health and wellbeing during these challenging times Workshops will be delivered live via Zoom and last

approximately 30 minutes. Participant's video cameras are requested to be off to put people more at ease and there will be opportunities to comment and ask questions via the chat function. A range of accredited speakers have been organised to enable meaningful discussions on topics such as positive mental health, physical activity, resilience during lockdown, routines, physical activity, meditation, mindfulness etc.

Online Course Timetable:

Wednesday 28 April **Reduce Anxiety and Stress with EFT** 1.30pm

Wednesday 05 May **Meditation to Promote Calmness** 1.30pm

For further details and registration please contact us on 01387269161 or spring@thehubdg.org.uk

SRING Wellbeing Hub Following the success of our weekly workshop series we now have a range of pre recordings available to access anytime via our Wellbeing Hub. Taken directly from our workshops these sessions are facilitated by only accredited professionals available to watch anytime, as often as you like at your own leisure. Accessibility can be utilised from any medium including via laptop, WhatsApp etc. Interactive PDF's available with direct links to click for ease and include the following:

- Gardening in Small Spaces
- Ease your Worries
- Stepping Stones to Wellness
- Stretch and Relaxation
- Relaxation and Mindfulness
- The Secret to Personal Success
- The Courage to be Confident
- Bake Along
- Art for Health.

For further details and registration please contact us on 01387269161 or spring@thehubdg.org.uk

Youth Enquiry Service Programme Have just launched their Spring to Summer Programme of Small Group Indoor Youth Work for young people aged 12-25 following the last year of working with young people digitally during COVID. They have a wide range of activities and programme's running tailored to meet the needs of young people as we progress out of the pandemic and would very much appreciate your help and support spreading this information to reach the young people who would benefit most. Given current Scottish Government COVID'19 Regulations they are limited in numbers per group so are asking everyone to sign up in advance using the link below or scanning the QR code on the front of our Flyer.

<https://forms.office.com/Pages/ResponsePage.aspx?id=9h0uvVqNZ0imR0h8KnQC3ufywNUDqm9Bmte4htWafKRUNjhYTTZSRIhGUUZSNEhCS1VGUDZTNFFLUS4u>

If you have any questions about any of the above, they would be more than happy to discuss this with you further contact Lauren.Asher@dumgal.gov.uk or phone on 01387 251 322.

Information on resuming indoor activities in Community Centres, Village Halls and Town Halls. For more information go to

<http://thirdsector.dumgal.org.uk/wp-content/uploads/2021/04/Community-Facilities-Reopening-Letter.pdf>

COVID-19: Guidance for Community Learning and Development The COVID-19 guidance for the Community Learning and Development sector has been updated and published. The updated guidance can be found at [Coronavirus \(COVID-19\): guidance for the community learning and development sector - gov.scot \(www.gov.scot\)](https://www.gov.scot/coronavirus-covid-19/guidance-for-the-community-learning-and-development-sector/) The guidance will take effect from 26 April and there is also an intention to review numbers for the lower levels in early May taking into account the course of the pandemic.

Art Galleries and Museums are starting to Reopening Museums and galleries will be reopening from Friday 30 April and they look forward to welcoming you back! Full details of venues and opening times can be found at dgculture.co.uk

Training

CEIS (Community Enterprise in Scotland) have a Sector Based Work Academy in Social Care starting on Tuesday 4th May. The primary provision of the programme will be the SQA Personal Development Award at SCQF Level 3. However, there may be the opportunity for the participants to gain other qualifications tailored to their specific needs if required. This could include units from the SQA Employability Award at SCQF Level 3 or the NPA in Digital Literacy. For more information contact Marion McFadzean on 07960 145407 or email marion.mcfadzean@ceisdandg.co.uk

The countdown has started to Volunteers' Week 2021 in June and they are delighted to announce that 17 FREE online events from Third Sector Dumfries and Galloway are now available to book. Join them in celebrating all things volunteering. To view the events, click here: [TSDG Volunteers' Week 2021](#)

Publications and reports

Welfare Benefits and Tax Credits Handbook - out now! The [Welfare Benefits and Tax Credits Handbook](#) is the definitive guide to the social security system, and an essential resource for all advisers who are serious about giving the best and most accurate advice to their clients - this year's edition is now published.

Summary report on COVID Rural Life with 176 Dumfries and Galloway participants. For more information go to http://thirdsectorordumgal.org.uk/wp-content/uploads/2021/04/2021-01-14_RCL_summary_report_Final.pdf

Funding

Dumfries and Galloway Council's Participatory Budgeting Funding

VOTING has now opened This year, the focus is on providing funding for organisations within our region who will deliver projects which will ultimately increase income from employment, help to reduce the costs of living and increase income from national and regional benefits and benefits in kind. This funding and the projects which receive awards will make a huge impact on each and every person and family supported by every group who are successful in receiving funding from this round. There are six organisations competing for votes in the Annandale and Eskdale area, thirteen in the Nithsdale area, four within the Stewartry area and six within the Wigtownshire area. In total, £200,000.00 is available for distribution and everyone over the age of 12 can now vote on the Website below for their three favourite projects within the area in which they live: [CONSUL \(communitychoices.scot\)](#) Please take the time to log on and run through all of the information for each of the projects listed within your local area and then decide the three that you wish to add your vote too. If you took part in the PB Online Voting process last year, you can simply sign in again to the site and if you are new to this voting process, it just takes a few minutes to register and you can then complete the voting process. Full details and instructions on how to complete the Voting process are provided on the website. Please note that you can vote up until **11:59pm on Friday 30th April 2021** and after this time the Online Voting Process will close. The announcement of the successful applications will be made on Tuesday 4th May 2021.

We wish all those shortlisted the best of luck and that Kates Kitchen in A & E and Lochside Community Association in Nithsdale have asked us to flag up their organisations for voting support.

The Whiteside Hill Wind Farm Community Fund is now accepting applications from Kirkconnel, Kelloholm and Sanquhar residents to the Whiteside Hill Education & Training Fund. The purpose of the fund is to improve the opportunities and livelihoods of people living in the Kirkconnel & Kelloholm and Royal Burgh of Sanquhar and District Community Council areas. The scheme will provide financial support to enable local people to access further education and training opportunities. Awards of up to £1,500 are available and can cover a range of costs including course fees, travel, specialist equipment or childcare. For more information go to <https://www.foundationscotland.org.uk/about-us/our-news/whiteside-hill-education-and-training-fund-open>

Stewartry Sports Grants Grants are available to support individuals and clubs from Dumfries and Galloway who are taking part in sport. Funding is usually limited to a maximum of £500 towards no more than 50% of the costs. Awards of up to £1,000 may be granted in exceptional circumstances. For more information go to <https://dumgal.gov.uk/article/15763/Stewartry-Sports-Grants>

Community Ownership Fund The £150 million Community Ownership Fund will help community groups buy or take over local community assets at risk of being lost. For more information go to <https://www.gov.uk/government/publications/community-ownership-fund>

Flexible Workforce Development Fund • Do you require staff training? • Are you looking to retrain staff? • Are you an SME employer or Apprenticeship Levy payer based in Dumfries & Galloway? If so, there is still time to apply for the Flexible Workforce Development Fund (FWDF) which is available to all Scottish employers, including small and medium-sized enterprises (SMEs) within the private, public and third sector. How much is available? • Levy-paying employers can access up to £15,000 in 2020/21 • SMEs will be able to access up to £5,000 training in 2020/21 • The fund can be used to completely cover training or to partially cover training at a higher cost • The fund allows employers to address priority skills gaps and invest in their workforce through training and personal development. Training can be tailored to meet your organisation's needs with assistance from Dumfries & Galloway College. The fund does not support the provision of industry qualifications or training where there is a statutory obligation required by law. Employers can submit one application only to the fund within the application period – this includes SMEs.

To discuss your requirements and to access support with your application please contact Eva Milroy at Dumfries & Galloway College by contacting her at milroye@dumgal.ac.uk or phone her on 01387 734276

Persimmon Community Champions is here to fund local good causes across the UK. Each of their 31 businesses and their PLC head office are giving away up to £2,000 every month – that's a whopping £64,000 a month available to fund local community initiatives. Applying for a donation is really simple. All you need to do is complete the online form by clicking the APPLY link below, telling them why your group or charity deserves their donation. Included in your application they need to know how much you want them to donate. Remember to include name and location of the initiative so that they can ensure the right business receives your request. For more information go to <https://www.persimmonhomes.com/community-champions>

The Empowering Women Fund Many women's lives are complex, and they often have tangled paths through systems, structures and communities to access the support needed to live safe, independent lives. Research into the impact of the COVID-19 pandemic has shown that women are facing the additional burden of unemployment, childcare and economic distress. UN Women acknowledged that 'the pandemic is deepening pre-existing inequalities, exposing vulnerabilities in social, political and economic systems which are in turn amplifying the impacts

of the pandemic.' (UN Women, 2020). Women have always joined together to support each other through difficult times and hardship. Sometimes to provide practical help, other times to give space to reflect and grow, and often to just pursue common interests and companionship

The deadline for round one applications is Friday 28th May 2021 at 5pm.

For more information go to

<https://www.solacewomensaid.org/empowering-women-fund>

Jobs

Hollywood Trust are recruiting for the post of Communications & Events Officer. This is a part time permanent position, based in Dumfries. The job description and application form can be found on their website below. The closing date is Friday, 28th May. They would appreciate if you could share this with any contacts you think might be interested.

<https://www.hollywood-trust.org.uk/vacancy-communications-events-officer/>

Want to put an item in our e-bulletin?

If you have items you would like included in our e-bulletin please email these to info@thehubdg.org.uk.

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the hub – your community action centre provides affordable, accessible co-working space and development support for non-profit distributing groups and organisations.

Meeting/training rooms and hot desking facilities are also available. We develop and deliver a range of projects and services that assist people and local communities. Working together - making a difference!

If you no longer wish to be contacted please email info@thehubdg.org.uk. You can read our Privacy Notice and select your contact preferences at the registration page on our website at www.thehubdg.org.uk

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